

Children's Mental Health Sub-Committee Region VI Behavioral Health Board

Mission Statement:

The Children's Mental Health Sub Committee is dedicated to advancing awareness, knowledge, and treatment of behavioral health issues for all children in Region VI.

- Goal 1:* Contract the region's providers, educators, juvenile justice personnel, parents, students, and other stakeholders to determine the mental, and behavioral health needs of the children.
- Goal 2:* Formulate strategies to address mental health and substance abuse needs of the children in Region VI.
- Objective: The needs of children must be addressed by Children's Mental Health/Idaho Department of Health and Welfare regardless of the ability to pay.
- Goal 3:* Report needs and strategies to the Region VI Behavioral Health Board by April 1, 2016.
- Goal 4:* Coordinate better access of treatment services for children in rural areas.
- Goal 5:* Solicit resources necessary to carry out approved strategies that will advance our mission.



If you have an interest in helping, please join us at the HDC on the 3rd Tuesday of the month @ 10:30 in Room 210.

REGION 6 SCHOOL DISTRICT DATA BY CATEGORY

DEPRESSION	PARENT DENIAL OF PROBLEMS
ANXIETY	PARENT/FAMILY SUBSTANCE ABUSE
STIGMA ASSOCIATED WITH FAMILY STATUS	SCHOOL ABSENTEEISM
BI-POLARISM	LACK OF RESOURCES FOR MENTAL HEALTH ISSUES
AUTISM SPECTRUM DISORDER	LACK OF IN-SCHOOL SERVICES
A.D.D.	LACK OF RESOURCES FOR NON SP. ED. STUDENTS
O.D.D.	LACK OF COMMUNITY RESOURCES FOR NON- LDS FAMILIES
BEHAVIORAL DISORDERS	ELECTRONIC MISCONDUCT
NON-DIAGNOSED DISORDERS	TRUST ISSUES WITHIN MINORITY GROUPS
SUICIDE/THREAT OF SUICIDE	TEACHER EDUCATION
SEPARATION ANXIETY	
ANGER	
SEXUAL IDENTITY	
SOCIAL/COPING SKILLS	
SUBSTANCE ABUSE	
SELF-MUTILATION/CUTTING	
PRESSURE TO SUCCEED/LACK OF FREE TIME	
EXCESSIVE STRUCTURED ACTIVITIES	
LOW SELF-ESTEEM	
POVERTY	
HYGIENE	
HOME BASED TRAUMA-SINGLE PARENT, ABUSE, DIVORCE, NEGLECT	
NON-SUPPORTIVE HOME/POOR PARENT CONDUCT AT SCHOOL	
LACK OF PARENTING SKILLS/UNINFORMED PARENTS	

Mental Health Facts

CHILDREN & TEENS

Fact: 1 in 5 children ages 13-18 have, or will have a serious mental illness.¹



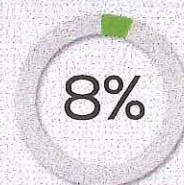
20% of youth ages 13-18 live with a mental health condition¹



11% of youth have a mood disorder¹



10% of youth have a behavior or conduct disorder¹



8% of youth have an anxiety disorder¹

Impact



50%

50% of all lifetime cases of mental illness begin by age 14 and 75% by age 24.¹

10 yrs



The average delay between onset of symptoms and intervention is 8-10 years.¹

50%



Approximately 50% of students age 14 and older with a mental illness drop out of high school.¹

70%



70% of youth in state and local juvenile justice systems have a mental illness.¹

Suicide

3rd

Suicide is the 3rd leading cause of death in youth ages 10 - 24.¹



90%

90% of those who died by suicide had an underlying mental illness.¹

Warning Signs



Feeling very sad or withdrawn for more than 2 weeks (e.g., crying regularly, feeling fatigued, feeling unmotivated).



Trying to harm or kill oneself or making plans to do so.



Out-of-control, risk-taking behaviors that can cause harm to self or others.



Sudden overwhelming fear for no reason, sometimes with a racing heart, physical discomfort or fast breathing.



Not eating, throwing up or using laxatives to lose weight; significant weight loss or gain.



Severe mood swings that cause problems in relationships.



Repeated use of drugs or alcohol.



Drastic changes in behavior, personality or sleeping habits (e.g., waking up early and acting agitated).



Extreme difficulty in concentrating or staying still that can lead to failure in school.



Intense worries or fears that get in the way of daily activities like hanging out with friends or going to classes.

4 Things Parents Can Do



Talk with your pediatrician



Get a referral to a mental health specialist



Work with the school



Connect with other families

Follow Us!

facebook.com/officialNAMI
twitter.com/NAMIconnicate

nami
National Alliance on Mental Illness
www.nami.org



LOOKING FORWARD, FY14 Goals

Safety First

- Develop a 1,3,5,7 Year Facility Plan
- Monitoring manuals for all contracts
- Classification changes

Promote Staff Success

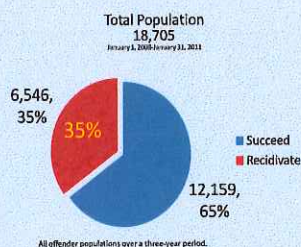
- Retain trained staff
- Standardize all officer training
- Increase the compa-ratio pay for staff

Reduce Recidivism

- Enhance risk-based supervision
- Enhance structured reentry
- Enhance CI training and reentry

RECIDIVISM ANALYSIS

IDOC's Research Unit analyzed recidivism rates for all offenders completing sentences between January 2008, and January 2011.

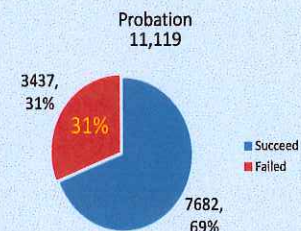


ALL OFFENDERS

A total of 18,705 offenders were studied. For all categories, the analysis found that 3 out of 10 Idaho adult felony offenders return to prison within three years of release.

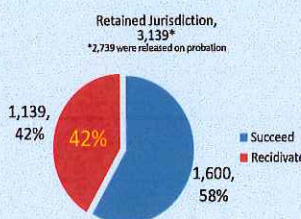
PROBATION

Probationers are the least likely to recidivate. A total of 31% recidivated. Probationers serve a suspended sentence in the community supervised by probation and parole officers.



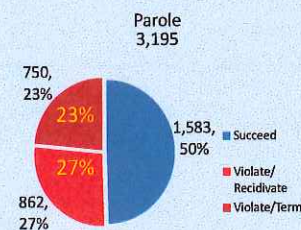
RETAINED JURISDICTION

Retained jurisdiction offenders (riders) receive 90 to 365 days of treatment in prison before receiving probation or a term prison sentence. For those released to probation, the recidivism rate is 42%.



PAROLE

The Parole Commission determines if an inmate will be paroled to community supervision and sets rules for the parole. Technical violations as well as new crimes are considered recidivism.

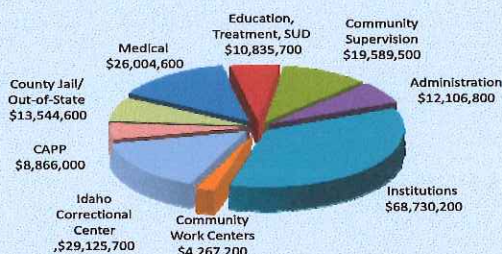


The study was completed in June 2013.

BUDGET FACTS, FY13

The Department budget was \$193 million.

Housing inmates and providing medical care cost \$151 million, or 78% of the total budget.



FY13 OFFENDER STATS

Incarcerated 8,221 inmates		Supervised 14,437 offenders	
By Crime Group		By Crime Group	
Murder/Man.	5%	Murder/Man.	1%
Sex	19%	Sex	8%
Assault	21%	Assault	16%
Property	22%	Property	26%
Alcohol	9%	Alcohol	17%
Drug	24%	Drug	32%
By Status		By Status	
Term	81%	Probation	80%
Retained Jur.	15%	Parole	20%
Parole Violator	4%		
By Gender		By Gender	
Male	87%	Male	76%
Female	13%	Female	24%

Front page photo courtesy of Lieutenant Tim McKay
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Table 1: SMHA Mental Health Actual Dollar and Per Capita Expenditures By State, FY 2013 (Using State Civilian Population)

STATE	SMHA Expenditure Total	Total Rank	FY2013 PerCapita	PerCapita Rank	Notes
Alabama	\$350,000,000	27	\$72.64	37	
Alaska	\$242,551,700	31	\$341.08	2	
Arizona	\$1,355,800,000	5	\$205.23	10	
Arkansas	\$134,540,317	43	\$45.56	47	a
California	\$6,126,976,304	1	\$160.50	14	b
Colorado	\$516,882,100	22	\$98.80	27	ab
Connecticut	\$777,700,000	14	\$216.76	7	ac
Delaware	\$88,984,867	45	\$96.53	29	c
District of Columbia	\$197,433,645	36	\$306.87	3	
Florida	NR		NR		
Georgia	\$589,115,405	20	\$59.33	41	b
Hawaii	\$178,800,000	39	\$131.77	17	
Idaho	\$52,700,000	50	\$32.77	49	
Illinois	\$930,900,000	12	\$72.44	38	
Indiana	\$464,142,000	23	\$70.67	40	
Iowa	\$439,800,000	25	\$142.38	15	
Kansas	\$360,000,000	26	\$125.47	19	
Kentucky	\$240,900,000	32	\$55.06	45	
Louisiana	\$255,560,225	29	\$55.50	44	
Maine	\$458,270,694	24	\$345.36	1	b
Maryland	\$1,055,200,000	9	\$178.82	12	b
Massachusetts	\$737,800,000	16	\$110.33	23	a
Michigan	\$1,286,900,000	6	\$130.10	18	
Minnesota	\$963,743,753	10	\$177.88	13	
Mississippi	\$166,370,000	42	\$55.95	43	a
Missouri	\$598,808,958	19	\$99.40	26	
Montana	\$210,714,396	33	\$208.32	9	
Nebraska	\$167,102,111	41	\$89.75	32	
Nevada	\$248,378,945	30	\$89.41	33	
New Hampshire	\$182,974,298	37	\$138.40	16	
New Jersey	\$1,857,208,000	4	\$208.90	8	
New Mexico	NR		NR		
New York	\$5,118,300,000	2	\$260.78	6	b
North Carolina	\$945,580,062	11	\$97.08	28	
North Dakota	\$63,344,129	49	\$88.53	34	
Ohio	\$1,159,430,032	7	\$100.29	25	a
Oklahoma	\$203,000,000	35	\$53.01	46	
Oregon	\$721,900,000	17	\$183.80	11	
Pennsylvania	\$3,666,500,000	3	\$287.17	5	a
Puerto Rico	\$68,767,690	48	\$19.02	50	a
Rhode Island	\$111,130,571	44	\$106.11	24	
South Carolina	\$276,200,000	28	\$58.35	42	
South Dakota	\$70,791,225	46	\$84.13	36	
Tennessee	\$566,500,000	21	\$87.48	35	
Texas	\$1,069,900,000	8	\$40.65	48	b
Utah	\$205,200,000	34	\$70.86	39	b
Vermont	\$182,600,000	38	\$291.70	4	
Virginia	\$754,000,000	15	\$92.58	31	b
Washington	\$786,500,000	13	\$113.67	21	
West Virginia	\$175,000,000	40	\$94.44	30	a
Wisconsin	\$648,900,000	18	\$113.05	22	b
Wyoming	\$68,835,790	47	\$118.80	20	a
Total	\$38,098,637,217		\$119.62		
Average (Mean)	\$761,972,744		\$130.00		
Median	\$399,900,000		\$99.84		
Number of States Reporting	50		50		

NR = Not Reported.

a = Medicaid Revenues for Community Programs are not included in SMHA-Controlled Expenditures

b = SMHA-Controlled Expenditures include funds for mental health services in jails or prisons.

c = Children's Mental Health Expenditures are not included in SMHA-Controlled Expenditures

Table 13: SMHA-Controlled Mental Health Expenditures by Age Group and State: FY'2013 (in millions)

STATE	Children/Adolescents			Adults/Elderly (Over Age 18)			Unallocated By Age			Total SMHA	
	Total	PerCapita	%	Total	PerCapita	%	Total	PerCapita	%	Expenditures	PerCapita Notes
Alabama	\$31.30	\$28.16	9%	\$174.00	\$46.94	50%	\$144.70	\$30.03	41%	\$350.00	\$72.64
Alaska	\$106.31	\$565.08	44%	\$129.96	\$248.49	54%	\$6.28	\$8.83	3%	\$242.55	\$341.08
Arizona	\$448.70	\$277.52	33%	\$889.20	\$178.21	66%	\$17.90	\$2.71	1%	\$1,355.80	\$205.23
Arkansas	\$12.32	\$17.35	9%	\$65.39	\$29.15	49%	\$56.84	\$19.25	42%	\$134.54	\$45.56 a
California	\$1,801.64	\$196.37	29%	\$3,725.86	\$128.48	61%	\$599.47	\$15.70	10%	\$6,126.98	\$160.50 b
Colorado	\$168.73	\$136.30	33%	\$343.26	\$85.95	66%	\$4.89	\$0.93	1%	\$516.88	\$98.80 ab
Connecticut	\$0.00	\$0.00	0%	\$726.80	\$259.36	93%	\$50.90	\$14.19	7%	\$777.70	\$216.76 ac
Delaware	NA	NA	NA	\$86.55	\$120.50	97%	\$2.43	\$2.64	3%	\$88.98	\$96.53 c
District of Columbia	\$30.07	\$269.73	15%	\$125.40	\$235.77	64%	\$41.96	\$65.22	21%	\$197.43	\$306.87
Florida	NR			NR			NR			NR	
Georgia	\$110.96	\$44.57	19%	\$478.15	\$64.27	81%	NA	NA	0%	\$589.12	\$59.33 b
Hawaii	\$32.20	\$104.80	18%	\$138.70	\$132.14	78%	\$7.90	\$5.82	4%	\$178.80	\$131.77
Idaho	\$12.30	\$28.75	23%	\$37.70	\$31.93	72%	\$2.70	\$1.68	5%	\$52.70	\$32.77
Illinois	\$219.60	\$72.64	24%	\$689.10	\$70.12	74%	\$22.20	\$1.73	2%	\$930.90	\$72.44
Indiana	\$108.34	\$68.31	23%	\$350.36	\$70.33	75%	\$5.44	\$0.83	1%	\$464.14	\$70.67
Iowa	\$145.90	\$201.51	33%	\$289.60	\$122.46	66%	\$4.30	\$1.39	1%	\$439.80	\$142.38
Kansas	\$139.00	\$191.96	39%	\$181.30	\$84.52	50%	\$39.70	\$13.84	11%	\$360.00	\$125.47
Kentucky	\$51.00	\$50.30	21%	\$178.80	\$53.20	74%	\$11.10	\$2.54	5%	\$240.90	\$55.06
Louisiana	\$28.77	\$25.85	11%	\$216.06	\$61.88	85%	\$10.73	\$2.33	4%	\$255.56	\$55.50
Maine	\$194.64	\$744.97	42%	\$252.09	\$236.56	55%	\$11.54	\$8.70	3%	\$458.27	\$345.36 b
Maryland	\$295.20	\$219.56	28%	\$652.70	\$143.25	62%	\$107.30	\$18.18	10%	\$1,055.20	\$178.82 b
Massachusetts	\$87.30	\$62.63	12%	\$629.50	\$118.92	85%	\$21.00	\$3.14	3%	\$737.80	\$110.33 a
Michigan	\$232.70	\$103.64	18%	\$1,047.80	\$137.03	81%	\$6.40	\$0.65	0%	\$1,286.90	\$130.10
Minnesota	\$291.22	\$227.67	30%	\$664.84	\$160.64	69%	\$7.68	\$1.42	1%	\$963.74	\$177.88
Mississippi	\$31.82	\$43.16	19%	\$131.35	\$58.74	79%	\$3.20	\$1.08	2%	\$166.37	\$55.95 a
Missouri	\$80.89	\$57.88	14%	\$497.90	\$107.61	83%	\$20.01	\$3.32	3%	\$598.81	\$99.40
Montana	\$102.60	\$458.09	49%	\$104.67	\$132.91	50%	\$3.44	\$3.40	2%	\$210.71	\$208.32
Nebraska	\$13.39	\$28.83	8%	\$151.19	\$108.18	90%	\$2.53	\$1.36	2%	\$167.10	\$89.75
Nevada	\$19.90	\$30.08	8%	\$222.05	\$104.92	89%	\$6.43	\$2.31	3%	\$248.38	\$89.41
New Hampshire	\$43.24	\$159.50	24%	\$137.80	\$131.11	75%	\$1.93	\$1.46	1%	\$182.97	\$138.40
New Jersey	\$297.83	\$147.28	16%	\$1,463.86	\$213.14	79%	\$95.52	\$10.74	5%	\$1,857.21	\$208.90
New Mexico	NR			NR			NR			NR	
New York	\$248.60	\$58.63	5%	\$1,511.30	\$98.22	30%	\$3,358.40	\$171.11	66%	\$5,118.30	\$260.78 b
North Carolina	\$388.19	\$169.84	41%	\$541.89	\$72.69	57%	\$15.50	\$1.59	2%	\$945.58	\$97.08
North Dakota	\$3.67	\$22.53	6%	\$59.56	\$107.74	94%	\$0.12	\$0.17	0%	\$63.34	\$88.53
Ohio	\$431.43	\$162.82	37%	\$686.73	\$77.06	59%	\$41.27	\$3.57	4%	\$1,159.43	\$100.29 a
Oklahoma	\$21.80	\$23.02	11%	\$169.90	\$58.94	84%	\$11.30	\$2.95	6%	\$203.00	\$53.01
Oregon	\$149.10	\$173.86	21%	\$563.80	\$183.65	78%	\$9.00	\$2.29	1%	\$721.90	\$183.80
Pennsylvania	\$1,929.40	\$710.48	53%	\$1,699.50	\$169.07	46%	\$37.60	\$2.94	1%	\$3,666.50	\$287.17 a
Puerto Rico	\$9.14	\$11.23	13%	\$59.63	\$21.29	87%	NA	NA	0%	\$68.77	\$19.02 a
Rhode Island	\$0.00	\$0.00	0%	\$109.41	\$131.30	98%	\$1.72	\$1.64	2%	\$111.13	\$106.11
South Carolina	\$68.40	\$63.36	25%	\$194.00	\$53.10	70%	\$13.80	\$2.92	5%	\$276.20	\$58.35
South Dakota	\$14.37	\$69.09	20%	\$35.99	\$56.81	51%	\$20.44	\$24.29	29%	\$70.79	\$84.13
Tennessee	\$179.00	\$120.01	32%	\$373.60	\$74.96	66%	\$13.90	\$2.15	2%	\$566.50	\$87.48
Texas	\$132.14	\$18.77	12%	\$905.73	\$46.98	85%	\$32.02	\$1.22	3%	\$1,069.90	\$40.65 b
Utah	\$61.20	\$68.26	30%	\$129.30	\$64.68	63%	\$14.70	\$5.08	7%	\$205.20	\$70.86 b
Vermont	\$82.00	\$668.29	45%	\$94.10	\$186.97	52%	\$6.50	\$10.38	4%	\$182.60	\$291.70
Virginia	\$121.20	\$65.00	16%	\$604.50	\$96.26	80%	\$28.30	\$3.47	4%	\$754.00	\$92.58 b
Washington	\$135.00	\$84.60	17%	\$504.20	\$94.71	64%	\$147.30	\$21.29	19%	\$786.50	\$113.67
West Virginia	\$2.40	\$6.29	1%	\$112.20	\$76.26	64%	\$60.40	\$32.60	35%	\$175.00	\$94.44 a
Wisconsin	\$6.70	\$5.12	1%	\$194.50	\$43.89	30%	\$447.70	\$78.00	69%	\$648.90	\$113.05 b
Wyoming	\$1.04	\$7.52	2%	\$66.68	\$150.95	97%	\$1.12	\$1.93	2%	\$68.84	\$118.80 a
Total	\$9,122.64	\$122.62	24%	\$23,398.49	\$103.04	61%	\$5,577.51	\$19.68	15%	\$38,098.64	\$128.30
Average(Mean)	\$182.45			\$467.97			\$111.55			\$761.97	
Median	\$102.60	\$69.09		\$219.06	\$101.57		\$13.85	\$2.95		\$399.90	\$99.84

Note: In some states (CT, DE, and RI), a separate state agency is responsible for providing mental health services to children.

NA=Services provided but exact expenditures are unallocatable

NR = Not Reported

a = Medicaid Revenues for Community Programs are not included in SMHA-Controlled Expenditures

b = SMHA-Controlled Expenditures include funds for mental health services in jails or prisons.

c = Children's Mental Health Expenditures are not included in SMHA-Controlled Expenditures

SUGGESTED SOLUTIONS FOR C M H

1. RESIDENTIAL TREATMENT CENTERS FOR YOUTH
2. FINANCIAL ENTICEMENTS FOR PRIVATE PROVIDERS TO GO TO SMALL COMMUNITIES/COUNTIES
3. FINANCIAL HELP FOR DHW REGIONS IE, MORE CLINICIANS, TRAVEL VOUCHERS FOR FAMILIES
4. CREATE ADVANTAGES FOR SCHOOL DISTRICTS TO BRING/HIRE CLINICIANS INTO THEIR BUILDINGS
5. TRAINING FOR SCHOOL, LAW ENFORCEMENT PERSONNEL TARGETING CMH ISSUES
6. ESTABLISH A LOCAL CHILDREN'S PSYCHATRIC FACILITY
7. MAKE TREATMENT AFFORDABLE FOR PARENTS WHO FALL INTO THE MADICAID/INSURANCE GAP

